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Issue 5



Rtn. Bijosh Manuel
District Governor 2025-26



Rtn. Surendran P
President



Rtn. Dr. Anil Kumar E
Secretary

payyanur.rotary@gmail.com www.rotarypayyanur.org

**We meet every Tuesday at 7.45 p.m.
at William Cable Memorial Hall, Rotary Bhavan, Kelothe, Payyanur**

MESSAGES

RI President



Francesco Arezzo
RI President 2025-26

This November, as we celebrate The Rotary Foundation, I invite you to consider not only what we give but why we give. The Foundation is more than a fund for projects. It is the beating heart of our promise that service, rooted in trust and friendship, can create lasting change.

Our Action Plan calls us to increase our impact, and the Foundation is how we make this vision real. Since 1988, Rotary and our partners have immunized nearly 3 billion children against polio. We have committed more than \$2.6 billion to this cause, and last year alone we directed \$146 million toward the final push for eradication. These numbers are significant, but the true impact is not in statistics — it is in the lives of children who will never again fear polio. It is in the hope restored to families and the peace built in communities once defined by disease. But polio is only one story among many. Each year, Rotary Peace Centers train new generations of leaders who will transform conflict into dialogue and division into understanding. In 2023-24, nearly 100 new fellows began their studies, continuing a legacy of more than 1,800 peacebuilders from over 140 countries. When we invest in them, we are planting seeds of peace that will bear fruit for decades to come.

The Foundation also touches lives through district and global grants, supporting projects large and small. A clean water well for a rural community, scholarships for young professionals, medical care in the wake of disaster — these are not temporary gestures, but steps toward dignity, resilience, and opportunity. This is how Rotary service becomes lasting impact. And when natural disasters strike, our Foundation allows Rotary to act quickly with disaster response grants.

Our Foundation is not about what we can do alone but what we can do together. Each contribution, no matter its size, joins with others to create a collective act of faith in humanity and in the future.

The last mile of any great journey is always the hardest. We see this in our final steps toward ending polio, in our work for peace, and in every project that seeks to lift people out of despair. Yet every time we give, we declare that our work will continue regardless of the challenge.

This November, let us give with gratitude, with joy, and with hope. Through our Foundation, we Unite for Good, and in doing so, we leave behind not only projects but a legacy of peace, trust, and Service Above Self.

FRANCESCO AREZZO

President



Dear fellow Rotarians

This Rotary year is almost halfway over. Every member is a part of this journey. With a heart full of gratitude, I extend my sincere thanks to all for your cooperation and participation in the previous five months of our activities.

The fifth edition of our club bulletin is in your hand. I thank Rtn. T.A. Rajeevan for bringing this to you regularly.

In Rotary, November is Foundation month—a time designated by Rotary International to celebrate, contribute to, and support The Rotary Foundation, which is its charitable arm. It is a time to encourage contributions to the Foundation for funding its activities. I request all my fellow Rotarians to contribute generously to the Foundation.

When we focus on growing Rotary, we grow our ability to serve. This year's major service project, The Artificial Limb Donation Camp, is scheduled for the middle of next month. We've already received a significant number of applications. It is the responsibility of every member to ensure the success of this project. I urge everyone to contribute their best to make this event a memorable one.

Once again thanking and requesting your support in the coming months as well.

Rtn. Surendran P
President 2025-26

The Editor's Take

Dear Rotarians and family members

Here in Payyanur we are all in celebration. As the festival season starts in Payyanur (We call it as "theyyakkalam") every step in Payyanur is a traverse through history, where the revered temples and the mysterious Kavukal (Sacred Groves) stand as stoic sentinels of a heritage spanning millennia. They are not merely structures but the very heart chambers of our



memory, holding the lore and devotion of countless generations. The season is heralded by the electrifying performance of Theyyam, a ritual art form that transcends mere theater. It is a conduit where mortals shed their identity to embody the celestial, transforming into the very deities they worship.

This confluence of festivals, temples, and Theyyam serves as a potent reminder of our enduring identity. As people gather—from near and far—to witness these sacred rites, they participate in the seamless continuation of a heritage we are privileged to inherit.

Let us cherish this sacred season. Let us walk reverently beneath the canopy of the Kavukal, feel the thrum of the drums deep within our chests, and celebrate the magnificent legacy of Payyanur.

The festival known as "Aaradhana" lasting for 15 days in the second fortnight of November is on its way at Sree Subrahmanya Swami Temple at Payyanur, the place known as Payyan's (of Lord Muruga) Ooru (place). Wishing all of you a season of festivals and celebrations...

Rtn. Rajeevan T.A

Cover : Aradhana Mahotsav at Subrahmanya Swami Temple, Payyanur
Photographer : Prakash Mahadevagramam

ACTIVITY REPORT FOR THE MONTH OF OCTOBER 2025

Rtn. Dr Anil Kumar E (Secretary)

Salute the silent workers (October 1)

Honoring of cleaning staff of Payyanur railway station. Chief guest PDG Rtn VG Nayanar,

Vision on Wheels Free ophthalmic camp (October 3)

Free ophthalmic camp conducted at Payyanur College, Payyanur.

Vision on Wheels: Free ophthalmic camp (October 4)

Free ophthalmic camp conducted at Eramam North LP School.

Pulse polio immunization (October 12)

Conducted at Rotary Bhavan, Keloth. Chief Guest: Rtn Dr Dinesh Kumar AP (Additional Director Health, TVM)

Distribution of food kits (October 12)

Distributed food kits to 150 volunteers of Payyanur municipality.

Donation of washing station (October 14)

Donated hand washing station at Vishnusharma LP School, Kuruveli, Mathil.

Chief Guest PDG Rtn Dr Bhaskaran Gobala Krishnan (District Rotary Foundation Chair, District 3300, Malesia)

Vision on Wheels: Free ophthalmic camp (October 14)

Free ophthalmic camp conducted at Vishnusharma LP School, Kuruveli, Mathil.

Distribution of tailoring machine and materials (October 14)

Distributed tailoring machine and materials to RCC Prathyasha. Chief Guest Rtn Bijosh Manuel (District Governor)

Intercity Forum on Image Building (October 14)

Conducted intercity forum at Rotary Bhavan, Keloth. Chief Guest Rtn Bijosh Manuel (District Governor).

Key note speaker: PDG Dr Rtn Baskaran Gobala Krishnan (District Rotary Foundation Chair, District 3300, Malesia)

Vision on Wheels: Free ophthalmic camp (October 24)

Free ophthalmic camp conducted at ALPS Thankayam, Trikaripur.

Awareness program on Drug Abuse and Cyber Crime (October 28)

Conducted an awareness program on Drug Abuse and Cyber Crime at MASS GHSS, Ettikkulam.

Faculty Sri Sahadevan NP, Clinical Psychologist (Associate)

Release of Club Bulletin (October 28)

Released our Club bulletin "Parrolines" by District Secretary Rtn Dr Vinod Kumar M.

Financial aid (October 29)

Financial assistance handed over to one of our office bearers at RCC Prathyasha for her son who underwent a surgery.



Salute the silent workers

Honoring of cleaning staff of Payyanur railway station



Free ophthalmic camp

conducted at Eramam North LP School.



Pulse polio immunization (October 12)

Conducted at Rotary Bhavan, Keloth



Distribution of food kits

Distributed food kits to 150 volunteers of Payyanur municipality.



Donation of hand washing station

At Vishnusharma LP School, Kuruveli, Mathil



Distribution of tailoring machine and materials

Inauguration by Rtn Bijosh Manuel (District Governor) Faculty Sri Sahadevan NP, Clinical Psychologist (Associate)



Awareness program on Drug Abuse and Cyber Crime

Faculty Sri Sahadevan NP, Clinical Psychologist (Associate)



Handing over of financial aid

Quote of the Month : You never know how strong you are untill being strong is the only choice you have.

Rtn Eric Johnson
EJONES OPTICALS

Why Vision Testing is Vital for Every Student

We often encounter the profound impact of a simple, yet overlooked, factor on a child's academic journey: their vision. We tend to assume that if a child can navigate the world without bumping into things, their eyes must be fine. Yet, a startling reality persists: a significant percentage of school-age children harbor undetected vision problems that act as silent, invisible barriers to their learning and development. The classroom environment is overwhelmingly visual. Roughly 80% of a child's early learning is processed through their eyes—from reading the whiteboard and textbooks to following diagrams and coordinating hand-eye movement for writing. A child struggling with even a minor refractive error, such as mild myopia (nearsightedness) or astigmatism, is fighting an uphill battle every day. What is often mistaken for inattentiveness, laziness, or a learning disability can, in fact, be a child's desperate attempt to cope with blurry or strained vision. The symptoms are often subtle: frequent headaches, squinting, excessive blinking, rubbing eyes, losing their place while reading, or avoiding close-up work altogether. Because a child assumes everyone sees the world as they do, they rarely articulate a complaint, making proactive screening absolutely essential. Furthermore, early and comprehensive vision testing is crucial for detecting serious, time-sensitive conditions like Amblyopia (commonly known as "lazy eye") or Strabismus (eye misalignment). These disorders, if left untreated past a critical developmental window (typically before age eight), can lead to irreversible vision loss. Early diagnosis allows for highly effective, sight-saving intervention. In essence, mandating regular, professional vision testing is not an optional health measure; it is a fundamental educational requirement. It ensures that every student begins their day with their most vital learning tool—their vision—operating at its full potential. By removing this "unseen barrier," we do more than prescribe glasses; we unlock a child's potential, foster their confidence, and empower them to fully participate in the world of learning. Let us prioritize sight for the sake of true academic success. Unreserved applause rings out for the Payyanur Rotary Club's global grant masterpiece: "Vision on Wheels." This project is a true beacon of hope, delivering the invaluable gift of clear sight through free, meticulous eye examinations for each and every young student in our community.



Release of last month parrolines by
Rtn. Dr. Vinod Kumar M (District Secretary)



Free Ophthalmic camp at Payyanur College, Payyanur

Rtn Saritha Sumodkumar

Empowering Families, Enriching Rotary

"The way you help heal the world is you start with your own family."

— Mother Teresa

This quote emphasizes that the most fundamental and impactful social activity is nurturing positive action and values within the family unit, which then ripples out into the community and the world.

In the vibrant loom of community service, where threads of dedication and compassion interweave, we find the truest strength in the participation of every family member. For far too long, the narrative of service has often been a solitary one, yet the heart of Rotary beats strongest when it embraces the rich, diverse tapestry of an entire family's involvement. This is particularly true, and profoundly empowering, for women. Imagine the young girl, watching her mother orchestrate a literacy project, her eyes alight with the possibility of making a difference. Or the daughter, observing her father's quiet dedication to a local food drive, understanding that kindness is an active verb. These aren't just isolated moments; they are seeds planted in fertile ground, nurturing future leaders and humanitarians. When women, as mothers, sisters, and partners, are not just supported but actively encouraged to bring their unique perspectives and boundless energy to Rotary, the ripple effect is transformative. For women, engaging their families in Rotary is not merely about logistics; it is an act of empowerment. It allows them to demonstrate leadership, empathy, and strategic thinking not just within the club, but within their own homes. It teaches children the invaluable lesson that giving back is a shared responsibility, a joyful endeavor, and a cornerstone of a well-lived life. The club, in turn, gains the fresh ideas, diverse skills, and renewed vigor that only a multi-generational, family-oriented approach can provide. Let us, therefore, nurture this beautiful synergy. Let us see family participation not as a concession, but as a celebration — a deepening of our collective impact, and a powerful statement about the inclusive, forward-thinking spirit of Rotary. For in the shared laughter, the collaborative effort, and the proud moments of service, we not only strengthen our communities but also empower the women who lead the way, weaving an even brighter future for all.

"It takes a village to raise a child."

— African Proverb